

Review of the Healthy Child Programme 0-19 years

Introduction

1. This paper sets out a proposal to review the provision of the Healthy Child Programme (HCP) for children and young people who are residents of Wirral and aged between 0 and 19 years. Ultimately, we wish to improve health outcomes and reduce health inequalities for this age-defined group of the population. The Review will make recommendations to support and inform commissioning intentions from 2012 and report through the appropriate governance process. Additionally, the findings will be shared with the Wirral Children's Trust Board.

Healthy Child Programme 0-19 years

2. The HCP recognises that the foundations of a healthy and fulfilled adult life are laid in childhood and adolescence. Developed as an early intervention and prevention programme from early pregnancy through to adulthood. The HCP establishes a good practice framework of universal and targeted services for children and young people to promote health and wellbeing. Although written as two separate documents, (0-5 years and 5–19 years), it is intended to be commissioned as one programme covering all stages of development.
3. The HCP has been developed in line with the 5 outcomes described in 'Every Child Matters' and brings together:-
 - Recommended programmes and interventions for local areas to consider for improving the health of their child population
 - Suggested roles and responsibilities to enable innovation and improvement
 - High quality services to prevent ill-health and reduce health inequalities.

The HCP is divided as follows:

- 'Pregnancy and first five years of life' (previously known as the Child Health Promotion Programme)
- 'From 5 – 19 years old'

However, commissioners are urged to consider the implications for delivery of the HCP as a whole.

Scope of Review

4. The HCP is designed to help local children's services plan and use resources as effectively as possible and to ensure they are informed by best available evidence. This review is intended to cover all services that contribute to the health of children within the universal and targeted framework of the HCP. The review will consider all available policies and procedures and set a procedure in place to establish an evidence base for our practice.
5. The review will be underpinned by the following principles that the HCP is about:
 - Health promotion, not just surveillance
 - Primary Care activity (the service not the setting)
 - Dependent upon good needs assessment

- Reliant upon the relationship and connections between commissioners and providers of services and parents/carers and children
 - Setting agreed standards to aspire to and achieve
6. The review will be led by the Head of Health and Wellbeing, Children and Young People, from the Department of Public Health, with the support of a core task and finish group. This support group will be appointed from key commissioning services, including:
- GP Commissioning Consortia
 - Children's commissioner – Strategic Partnerships
 - Commissioning Manager, Children and Young People, Public Health
 - Lead Commissioner for Children's Services, Children and Young People's Department,
 - Designated Nurse for Safeguarding Children
 - Performance and Intelligence representative, NHS Wirral
 - Research and Development representative, NHS Wirral
7. And key providers including:
- Community/hospital Paediatric Services
 - Link Forum
 - Child and Adolescent Mental Health Service
 - Social Care/Safeguarding
 - Children with Disability Team
 - Dietetic Service
 - Dental services
 - Speech and Language Service
8. Other key stakeholders will be invited to contribute at appropriate points during the review period
- Children's Centres
 - Midwifery Services
 - Health Visiting Service
 - School Nursing Service
 - Education/Schools/FE colleges
 - Education Psychology Service/TAMHS
 - Healthy Settings (formerly Healthy Schools Programme)
 - Teenage pregnancy coordinator
 - Youth and Play Service
 - Drug and alcohol services
 - Youth Offending Service
 - Family Nurse Partnership
 - Connexions
 - Leisure Services
9. Required consultation will include
- Staff in practice
 - Health Visitors/School Nurses/paediatricians

Timescale

10. The review will run from April 2011 and will conclude in October 2011, with a report to the Clinical Advisory Board to recommend the commissioning intentions for 2012 onwards and any plans to address workforce development as a consequence of the findings. The review will

follow the HCP framework as stated above and will have due regard to all relevant evidence, policy, guidance and informed opinion.

April

To review 0-5 years provision to include pre-natal/ante-natal/postnatal/pregnancy/birth/early years.

May

To review 5 – 11 years provision to include transition from early years/foundation stage to Infant/Primary Schools/Youth and Play services etc.

June

To review 11-16 years provision to include transition from primary to secondary education/risk taking behaviour.

July

To review 16-19 provision to include transition from school to sixth form/FE provision/employment/training and transition from home/care to living independently.

September

During this month the core group will draw together the recommendations from the review and the commissioners will meet to agree impact on commissioning intentions beyond 2012.

September - October

Report to be drafted and shared with key stakeholders prior to being submitted to Cheshire, Warrington and Wirral Cluster Board for approval in October 2011 and also to Wirral Children's Trust Board.

Budget

11. A resource has been identified from the Public Health Development budget to enable the review to benefit from support and contributions from GP, Paediatric and education colleagues as these post holders may need to be backfilled in order to attend meetings and conduct pieces of work to enhance the review process.

Conclusions

12. The review of the Healthy Child Programme for Wirral children and young people will be conducted between April and October 2011 through an identified 'core task and finish' group and invited representatives from universal and progressive services in accordance with the above proposal.

Recommendation

13. Wirral Children's Trust Board is asked to:
 - Identify representatives from partner organisations to contribute to the review.

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